

**GET REAL, GET INFORMED and
SHARE THE MESSAGE**



**ADHD is not a choice. It is not something that
can just go away, no matter how hard you try!**

**Learn more about the disorder and how those
with ADHD can be successful.**

Find out more about ADHD at www.caddac.ca

**OCTOBER IS
ADHD
AWARENESS
MONTH**

Learn. Understand. Inspire.

